

**Psychotropic Medication Review  
Questionnaire**

Patient \_\_\_\_\_ Therapist \_\_\_\_\_

Date of your last medication review: \_\_\_\_\_

Have you had any medical problems since you last were \_\_\_\_\_  
here?

When was your last laboratory work (blood study) done? \_\_\_\_\_

List the NAME(S), DOSAGE(S), and HOW OFTEN you take *medication prescribed here at Beachside*:

\_\_\_\_\_  
\_\_\_\_\_

Do you find the medication prescribed for you here helpful? NO\_\_ YES\_\_ Please explain your answer:

\_\_\_\_\_  
\_\_\_\_\_

Are you experiencing discomfort from the medication? NO\_\_ YES\_\_ Please explain:

Have there been unwelcome changes in your sleep, appetite, weight or "nature"? Please explain:

\_\_\_\_\_  
\_\_\_\_\_

Questions about your medication or treatment plan?

\_\_\_\_\_  
\_\_\_\_\_

What **other prescribed medications** do you take? Add over-the-counter medications and supplements?

\_\_\_\_\_

Do you smoke? Yes \_\_\_\_\_ How much per day? \_\_\_\_\_ No \_\_\_\_\_ Never Have: \_\_\_\_\_

Your daily consumption of CAFFEINE? \_\_\_\_\_

What is the largest quantity of ALCOHOL you've consumed at one time in the past 10 days?

**OVER**

Other Drugs: (Non---prescribed medications, recreational drugs, illicit drugs including meth, marijuana, etc.)

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Your pharmacy and their phone number: \_\_\_\_\_

**For your  
information:**

- a. All psychiatric medications need to be tapered off. Stopping suddenly can be dangerous & frightening at worst; uncomfortable at best. Supervised tapering is safest. Prozac is probably the only exception.
- b. The most common mistakes made in prescribing psychiatric medications are either not dosing high enough or not waiting long enough for the medication's response before making changes.
- c. Current clinical experience is that the dose that got you better keeps you better. Restarting a medication, which helped in the past will not always work again.
- d. A partial response is not considered good enough...a robust response is the goal...which may require coordination with psychotherapy.
- e. Your collaboration in your treatment is essential for a successful outcome.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_